



Pistachio Smoothie

Ingredients:

- 1/3 cup pistachios
- 1 cup milk
- 2 tsp sugar
- 2 cups ice
- 8 oz. **Khaas Yogourt**
- 1 banana (optional)

Directions:

Add the pistachios, milk and sugar to a blender and blend until pistachios are finely chopped.

Add ice and vanilla extract with **Khaas Yogourt** and blend on high until smooth.